



rest

“ARE YOU TIRED? WORN OUT? BURNED OUT ON RELIGION? COME TO ME. GET AWAY WITH ME AND YOU’LL RECOVER YOUR LIFE. I’LL SHOW YOU HOW TO TAKE A REAL REST. WALK WITH ME AND WORK WITH ME—WATCH HOW I DO IT. LEARN THE UNFORCED RHYTHMS OF GRACE. I WON’T LAY ANYTHING HEAVY OR ILL-FITTING ON YOU. KEEP COMPANY WITH ME AND YOU’LL LEARN TO LIVE FREELY AND LIGHTLY.”

MATTHEW 11:28-30 MSG

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